

## List of Retirement Homes in Belleville

List of Retirement Homes in Belleville - If in a relationship or married when deciding to make a move into a senior residence, it is very common for one partner not to feel ready or to be resistant to transfer from their home. Differences of opinion are very common in relationships, and moving into a senior community is not an exception.

When couples talk about retirement, one of the most common arguments they face is that one member may feel that she or he is not old enough to move into a retirement facility. They may feel that they are still completely capable of all of the requirements of their lives, or they might not be aware of the age restrictions at retirement homes. They may also harbour an old-school vision of what retirement living entails: sitting in a chair with glazed-over expressions, waiting for the end of their lives to slowly approach. A tour of a retirement facility nearby and some information may truly help clear up some of the numerous misconceptions that the individual might hold and even change their mind!

Another common reason for not wanting to move into a retirement community is that one partner might not feel that they need to downsize, or that they would feel too uncomfortable in a smaller house. Numerous senior living communities have faced people who feel this way. Therefore, senior communities may even hold seminars to teach individuals what size of residence they really need or informational services for potential residents to show them what the facility offers in terms of help with relocating. The whole process could still be very overwhelming even when couples have professional help with moving and decision-making. It is always better that couples start deciding about what they want to do in their retirement before a crisis happens and they might not be able to get into the facility of their choice. In the event of a crisis or medical emergency, decisions may be left up to loved ones and family members and can put strain on family connections.

A third common misconception is that residents will no longer have privacy if they move into a senior community. Individuals can picture a dorm-style environment where all spaces are common, even with only one roommate. Facility personnel could easily ease this problem by letting the person know that even if there are many opportunities to socialize, residents are allowed to participate as much or as little as they want. They can also show the individual around the facility and let them see what the rooms are like and show them that they have an option as to whether they stay in private or shared quarters.

At the end of the day, moving into a senior living community is a really stressful event in an individual or couple's life, so care should be taken to deal with any problems which a senior may have before they move into the facility.