

## Senior Homes in Belleville

Senior Homes in Belleville - Senior housing is an all encompassing term used to describe living arrangements that are reserved and designed for individuals over a certain age, usually an age where people often go into retirement or semi-retirement. Some various types of senior housing exist and are available to seniors with different types and levels of need. Throughout history, seniors were cared for by the younger generations of the family and have traditionally stayed in the family home. More recently the trend of housing designed specifically for older people has become increasingly more common all over the world.

The most common thing which comes to individuals' minds when thinking about senior housing is a nursing facility where people could not care for themselves any longer and can need help from others. Normally, nursing home facilities are for those people who require medical care or supervision around the clock to ensure their safety but do not have medical conditions which are serious enough to need hospitalization. Staff, like for example therapists, nurses, and even physicians, are on hand to offer care when required when other problems arise and on a regular basis. Sometimes, different parts of the facility are reserved for patients with similar levels of need to make care easier and more efficient for staff members. Facilities are designed for people with mobility problems and employees comprise people who prepare and serve meals, individuals who provide medical care, people who cook and serve meals, people who provide medical care, and employees who keep the facility itself operating well.

For those who may have limited mobility but are otherwise able to take care of most of their daily needs, assisted living facilities may be ideal. In such a facility, seniors are usually still able to live in a separate suite or home. Meals are available in a common dining room or area, but several suites could be outfitted with kitchenettes or small kitchens so that residents can prepare simple, small meals for themselves. Medical experts and nurses may be part of the personnel of an assisted living facility to offer essential medical supervision and to make certain residents are taking their medicine on time. For other appointments, such as for shopping trips, group activities and doctor's appointments, assisted living facilities normally arrange or provide proper transportation.

Other seniors may not have mobility or any health issues which require assistance. For these individuals, retirement communities or villages are an interesting option. Normally, people in these communities live in separate apartments or houses in a gated community. Retirees could live much as they would have in their own houses previously, but there are normally common places that can be reserved or rented as needed, or can be used for community activities and events. Seniors entertain friends and family, engage in activities as they please and prepare their own meals. Since there are numerous other individuals of a similar age living in close proximity to each other, there is normally an environment that supports residents to take part in activities together. Some facilities might even provide recreation areas that offer opportunities for seniors to stay active and healthy as they grow even older.